

## Act on Addiction 2022 Survey

**Q: Do you, or someone you know, suffer from addiction or substance use disorder?**

30% said yes  
66% said no  
4% said they are unsure

**Q: If you suspected a family member or friend was suffering from addiction and/or substance use disorder, how comfortable would you feel broaching a conversation with them about it?**

20% said they would feel comfortable  
30% said they would feel somewhat comfortable  
18% said they would feel neutral  
25% said they would feel somewhat uncomfortable  
6% said they would feel uncomfortable

**Q: Where would you look for help or information if a family member or friend was struggling with an addiction and/or substance use disorder?**

61% said online  
57% said from a doctor  
38% said from AA / AI-Anonymous  
35% said from a friend  
14% said from a clergy member  
8% said other

**Q: What would stop you from seeking care for a drug or alcohol addiction?**

56% said they would not be afraid to seek care  
26% said the lack of knowledge of available resources and where to go for help  
22% said fear of family members finding out  
21% said fear of employers or employees finding out  
17% said fear of friends finding out  
6% said other

**Q: What signs below, if any, do you feel are signs of addiction?**

80% said behavioral changes  
70% said changes in physical appearance  
62% said difficulty focusing  
61% said financial difficulties  
61% said trouble with interpersonal relationships  
60% said disinterest in activities  
59% said changes in sleep habits

56% said missing appointments and commitments  
4% said other  
5% said they would not know what signs to look for

## **METHODOLOGY**

### **About the Survey:**

- *This survey was fielded among 503 adults, ages 18+ who live in the DC Metro area of the United States. The survey was conducted online during the period of August 2022 and has a margin of error of +/- 4%.*
- *Results of any sample are subject to sampling variation. The magnitude of the variation is measurable and is affected by the number of interviews and the level of the percentages expressing the results.*
- *In this particular study, the chances are 95 in 100 that a survey result does not vary, plus or minus, by more than 4 percent, from the result that would be obtained if interviews had been conducted with all personas in the universe represented by the sample. The margin of error for any subgroups will be slightly higher.*
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