

Act on Addiction 2023 Survey

Q: Do you have a family member or friend experiencing the disease of addiction?

32% said yes

62% said no

6% said they are unsure

Q: If you feel a family member or friend was dealing with the disease of addiction, how comfortable would you feel engaging them in conversation?

26% said they would feel comfortable

29% said they would feel somewhat comfortable

22% said they would feel neutral

17% said they would feel somewhat uncomfortable

6% said they would feel uncomfortable

Q: Where would you look for help or information if a family member or friend was experiencing the disease of addiction?

53% said doctor

52% said online search

49% said recovery support groups

33% said friend

32% said AA/Al-Anon

28% said peer support groups

12% said clergy member

6% said other

5% said they don't know

Q: Do you feel those who have a family member or friend dealing with the disease of addiction are judged negatively?

55% said yes, they feel there is negative judgement

33% said no, they feel there is not a negative judgement

13% said they are unsure

Q: What reasons do you feel deter those experiencing the disease of addiction from seeking care?

61% said lack of knowledge of available resources and where to go

59% said fear of family finding out

53% said fear of friends finding out

52% said fear of employers or employees finding out

15% said other

SURVEY METHODOLOGY

- **General Population:** This survey was fielded among 504 adults, ages 18+ who live in the DC Metro area of the United States. The survey was conducted online from August 29, 2023, to September 4, 2023, and has a margin of error of +/- 4%.
- Results of any sample are subject to sampling variation. The magnitude of the variation is measurable and is affected by the number of interviews and the level of the percentages expressing the results.
- In this study, the chances are 95 in 100 that a survey result does not vary, plus or minus, by more than 4 percent, from the result that would be obtained if interviews had been conducted with all personas in the universe represented by the sample. The margin of error for any subgroups will be slightly higher.